



# Clanna Gael Fontenoy GAA Club

## CLANNS UPDATE



### U16 hurlers record first win in Division 1

The U16 hurlers of Uí Chonaill Fontenoy (the combined team of Clanna Gael Fontenoy and Scoil Uí Chonaill) used their second outing in Division 1 to record their first win. In this closely-fought match against visitors Raheny in Ringsend Park the home team were resilient enough to score the goal that would be the difference between the teams in the end. Coming after a very respectable performance away to Na Fianna in their first outing, these results indicate that the team will be able to hold its own in this division – an outcome that would greatly satisfy the team mentors and the team trainer, Tommy Naughton.

**Uí Chonaill Fontenoy 1-8 Raheny 0-8**



*Possession secured for Uí Chonaill Fontenoy*

### First league points secured by U17 girls

The Binn Eadair (Howth) club provided the beautiful setting for our U17 girls to earn their first league points this season – doing so convincingly. While all of the Clanns girls played flat out in attack as well as in defence, they were still only a goal up by half time. Binn Eadair fought back, but gradually the speed and passing of Laosie O'Connor (2-1) and Niamh Shaw (1-2) opened up their defence. Ella Thirroueiz (0-2) and Maria O'Dea (1-1) were great in fielding the accurate kick outs of team captain, Claire Byrne, or in distributing well and attacking - classy displays. Shona McCann gave a real master class in tackling and defence - perfect timing! Anna Heavey was in control at corner back - ably supported by Ava Benson (great passing) and Lorna Carr (tireless as ever).

The movement of our forwards, Clodagh McDonnell (2-1) and Aisling Guinane (1-2), created loads of chances; they were always dangerous. Laura Gonzales gave a display of determination and non-stop running, which was amazing (and exhausting!); while Claire Byrne was cool under pressure - and brave to a fault - when diving to cover shots.

*Proud sponsors of Clanna Gael Fontenoy*

### Clanns Camps

Two attractive camps are being organised by the Club over the coming weeks.

The Easter Camp 2015 will run from Monday 30<sup>th</sup> March to Thursday 2<sup>nd</sup> April from 10am to 2.30pm.

- For kids aged 4-12
- Football and hurling skills, obstacle courses and fun games
- €50 per child, €10 discount for siblings

The Emerging Talent Camp will run from Tuesday 7<sup>th</sup> to Thursday 9<sup>th</sup> April from 10am to 1pm

- Ages 12-15
- Improve your skills
- Be coached by Dublin county players
- €40 per person

To register or to get further details contact Claire Ryan (Games Development Officer) at [claireryan.gpo@gmail.com](mailto:claireryan.gpo@gmail.com) or call 085 8569483

**Clanna Gael Fontenoy's Emerging Talent Camp**

Cost: €40

Choose one code:  
 Hurling  
 Football  
 Ladies Football

► Have the chance to be coached for 3 days by expert **DUBLIN COUNTY PLAYERS!**

► Learn to improve your skill set in game situations

► Hear how the players play their game, on and off the pitch!

\* For ages 12-15 years  
 \* WHEN: 7th, 8th, & 9th April  
 \* 10am-1pm  
 \* Limited Spaces - 90 per code!

\*Register by giving application to Claire Ryan [claireryan.gpo@gmail.com](mailto:claireryan.gpo@gmail.com) (0858569483) or at the club on Saturday Mornings (21st & 28th) from 10am-12pm or Wednesday evening (11th & 26th) from 6.30-7.00pm

Eventually the Clanns pressure told and for the last 15 minutes they took some good scores. The win was tarnished by the loss of Shanna O'Leary after the first attack (pulled hamstring). We wish her a safe recovery along with Amy Carroll and Amy O'Hora who are also injured. The girls played a lot of really good football to treat their following fans - on a pitch which must have some of the best views from any sports ground anywhere.

**Binn Eadair (Howth) 4-5 Clanna Gael Fontenoy 7-9**

### **U12s enjoy good win over Whitehall**

Our U12s (A team) registered their first competitive victory of the season on Saturday with a good win over Whitehall Colmcilles. Having been included in the top tier of their Grading Blitz, the team had come out on the wrong side of results against Ballyboden, Lucan Sarsfields and St. Sylvesters. Thankfully, that run has now been ended by a close but well-deserved victory over a visiting Whitehall team.



Disciplined and combative in defence, where Hugh O' Kennedy's composure inspired confidence in his fellow defenders, the victory was based on dynamic ball carrying, excellent movement, incisive passing and accurate finishing with a very creditable low number of wides or spurned scoring chances. Scores from JP Tiernan, Emmet Lane, Liam O'Laoide and Luke McDonough kept the scoreboard ticking over, with a point on his weak foot by the latter following some excellent build-up play - probably the pick of the scores. Dan O' Byrne and Luke Keelan found the back of the net for the all-important goals for Clanns, with only the width of the crossbar denying Dan - who's developing into a great predator in front of goal - a hat trick. Whitehall came with just 11 players and hence no subs. Clanns had one rolling sub and used that added resource to good advantage throughout, a valuable lesson for the coaches. The last game in the Grading Blitz against Cuala on the 28<sup>th</sup> of March now assumes even greater significance.

**Clanna Gael Fontenoy 3-13 Whitehall Colmcilles 4-7**

### **Fine win for U15 hurlers**

In a game away to Naomh Fionnbarra in Cabra, which was evenly contested all the way through, our U15 hurlers pulled away in the final minutes to record a two-point win. With Des Duggan starting between the goal posts a clean sheet was a near certainty; but he ably assisted by a particularly steadfast Colm O'Briain, Ruairi Corrigan and Colm O'Keeffe in defence. Around the middle of the park Cian O'Regan (0-3 frees) and Karl Morgan did all the hard grafting to provide an attacking platform for the forwards - many of whom struggled at times during the first half despite

## **Club News**

### **Club hosts Junior champions**

The club hosts two very interesting matches this Friday (20<sup>th</sup>) evening which will see AIB teams take on both the hurling and football champions from the 2014 AIB Junior Club Championship.

- Hurling: Bennetsbridge v AIB at 5pm
- Football: Brosna v AIB at 6.30pm

All support is most welcome.

### **Lotto Results**

The following numbers drawn on the 16<sup>th</sup> March did not produce a jackpot winner: 2, 9, 15 and 21

The lucky winners of €20 were: Carol Byrne, Suzanne Maguire, Carol Buckley, Joan Quinn and Nanny McPhee.

Playing the Club Lotto is one sure way of helping the club's finances. Pick any five numbers and these are then eligible for all jackpot draws. Plus there are 5 x €20.00 winners drawn weekly.

It costs just €2.00 per ticket weekly. Or you can play by standing order through your bank if you so wish.

Contact Jay Byrne at 086-8870376 for details.



@Clannagaelfont

gallant effort by Conor Rimmer and Patrick McNamara. But all of the forwards stood up much more forcibly in the second half and, apart from scores from Seamus McCann (1-0) and Conor Hennessy (0-1), they all contributed to a much improved performance.



*Clanns Karl Morgan and Seamus McCann cover all the angles*

However, with little more than five minutes remaining, it was the switching of Stephen Deering for Des Duggan in goals that provided the finishing touch; with Des scoring two crucial points on the run and Stephen bringing off a brilliant, diving save at the death to save a certain goal that would have secured a single-point victory for the opposition. So it's backing to winning ways for this team!

Squad: Stephen Deering, Des Duggan, Colm O'Briain, Ruairí Corrigan, Niall Madill, Colm O'Keeffe, Patrick McNamara, Cian O'Regan, Karl Morgan, Seamus McCann, Connor Rimmer, Cian Morgan, Scott Collopy, Conor Hennessy, Matthew O'Rourke, Brian Barron, Shane Gallagher

**Naomh Fionnbarra 0-7 Clanna Gael Fontenoy 1-6**

### **Clanns on track to top their group**

Our U12s (B team) are now unbeaten in football after four of their five grading matches and a convincing display against Oliver Plunketts second team last Saturday. They are now on track to top their group. This is a very good team, getting stronger all the time and welcoming the arrival of new players like Aaron Bewley. Aaron had his debut game and what a game he had with several scores in both halves, lots of energy and great positional awareness around the pitch. But everyone played a great game, staying focused, passing cleverly and taking scores clinically.

Oliver Plunketts are a good team and the final score didn't reflect the fact that the first half in particular was a tough challenge, with Plunketts sending several goal and point chances wide. But it just took a couple of scores for Clanns to settle and, once they did, they were in a class apart. Well done lads.

**Clanna Gael Fontenoy 8-7 Oliver Plunketts 0-1**

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Visit [www.clannagaelfontenoy.ie](http://www.clannagaelfontenoy.ie) for lots more information  
on the Club's activities

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**MEAGHERS**  
PHARMACY

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### **Smoking Cessation**

The New Year, the beginning of Lent and other opportunities may have passed to give up smoking. However, it is never too late and the information here may give you further grounds to finally kick that nasty habit!

Have you ever calculated how much you spend on cigarettes in a year? This is the frightening part! A 10-cigarettes-a-day smoker will spend around €1800 per year; quitting smoking would allow that person take a weekend break to Paris with someone special and enjoy all the famous sights and scenery! Are you a film buff – you would save enough to visit the cinema with your friend every week! A 20-cigarettes-a-day smoker could plan a trip across the pond to the Big Apple or the bright lights of Las Vegas!

Everyone has their own reason for wanting to quit; to improve health, to enjoy a better quality of life, to be fitter, to be a better role model for your family and friends, to improve your image, have better skin, teeth, hair and nicer smelling clothes.

It is important that you understand why you are quitting, not quitting just for the sake of it. By having a clear purpose for quitting, you can think of this every time you feel the temptation; it will help keep you focused on the long-term goal.

*This information is provided by Meaghers Pharmacy to help educate and raise awareness on important health issues.*